FAMILY Prayer Time

THE SIGN OF THE CROSS

In the name of the Father, the Son and the Holy Spirit.

MORNING PRAYER

Father in heaven you love me,
you're with me night and day,
I want to love you always in all I do and say.
I'll try to please you Father,
bless me through the day. Amen

NIGHT PRAYER

God Our Father, I've come to say,
thank you for your love today.
Thank you for my family
and all the friends you give to me.
Guard me in the dark of night
and in the morning send your light. Amen

GRACE BEFORE MEALS

Bless us, O Lord, as we sit together.
Bless the food we eat today.
Bless the hands that made the food.
Bless us, O Lord. Amen.



GRACE AFTER MEALS

Thank you God, for the food
we have eaten.
Thank you God, for all our friends.
Thank you God, for everything.
Thank you God. Amen.

PRAYER TO MY GUARDIAN ANGEL

O Angel of God, My guardian dear
To Whom God's love commits me here,
Ever this day, Be at my side,
To light and guard
To rule and guide. Amen

JOURNEY PRAYER

Arise with me in the morning,
Travel with me through each day,
Welcome me on my arrival.
God, be with me all the way. Amen.

CHILDREN'S PRAYER



Four Corners on my bed,
Four angels 'round my head.
Matthew, Mark, Luke and John.
Bless the bed that I lie on.

OUR FATHER

Our Father, who art in Heaven, hallowed be thy name. Thy kingdom come, thy will be done on earth as it is in Heaven.
Give us this day our daily bread and forgive us our trespasses as we forgive those who trespass against us.
And lead us not into temptation, but deliver us from evil. Amen.

HAIL MARY



Hail Mary, full of grace,
The Lord is with thee.
Blessed art thou among
women and blessed is the
fruit of thy womb, Jesus.
Holy Mary, mother of God,
Pray for us sinners, now and
at the hour of our death.
Amen.

GLORY BE

Glory be to the Father and to the Son and to the Holy Spirit as it was in the beginning, is now and ever shall be, world without end. Amen.

I BELIEVE

I believe in God the Father who made us.
I believe in Jesus Christ, God made human who died for love of us.
I believe in the Holy Spirit who guides us.

THE ANGELUS *(Bells tolls at 12pm & 6pm)*

The angel of the Lord declared unto Mary.
And she conceived by the Holy Spirit. Hail Mary...

Behold the handmaid of the Lord. Be it done onto me according to thy word.
Hail Mary ...

And the Word was made flesh.
And dwelt among us.
Hail Mary ...

Pray for us, O Holy Mother of God. That we may be made worthy of the promises of Christ.

Let us pray: Pour forth, we beseech thee, O Lord, thy grace into our hearts that we, to whom the incarnation of Christ thy Son, was made known by the message of an angel, by his Passion and Cross be brought to the glory of his resurrection, through the same Christ our Lord. Amen.

FAMILY Prayer Time

MY BIRTHDAY PRAYER



Dear Jesus, I thank you for each day of my life. It is a gift from you. Help me to use it well to love you, my family and the people I meet each day.

Thank you for each birthday that makes me think of your love for me. Keep me safe and happy with you forever. Amen.

PRAYER TO THE HOLY SPIRIT



Holy Spirit, Spirit of God
Fill our lives with love,
Joy, peace, patience,
Kindness, goodness,
Trustfulness, gentleness
And self-control.
Show us how to live as
Followers of Jesus.
Help us to bring your gifts
Into the lives of others.

GOD HEAR MY PRAYER

God in heaven hear my prayer,
Keep me in thy loving care,
Be my guide in all I do,
Bless those who love me too.
Amen.

BLESS MY GRANDPARENTS

Dear God, bless my grandparents. Bless ..... and care for them as they grow older.

Help me to show my love and to be understanding if they get a little tired. Young and old, keep us close in the life we share, as they show me lots and love me heaps. Amen.

THE ROSARY

The Joyful, Sorrowful, Glorious and Mysteries of Light all reflect on the life of Jesus through the eyes of Mary his Mother.

They are prayed in a decade, a block of prayer comprising of
Our Father, 10 Hail Marys, Glory be....

ADULTS – GET THE APP & MORE
Sacred Space / Pray As you Go / Universalis / WCCM / cac.org / theway.ie / @pontifex

THANK YOU JESUS

Lord Jesus, I love and adore you.
You're a special friend to me.
Welcome, Lord Jesus, O welcome.
Thank you for coming to me.

Thank you, Lord Jesus, O thank you
For giving yourself to me.
Make me strong to show your love
Wherever I may be.



FOR MY PET

Dear God Bless, my pet _____
Thank you that my pet brings me so much joy.
May we all care for your beautiful world,
And never forget that we share this earth,
our amazing home together.
St Francis of Assisi – Pray for Us.

A PRAYER FROM YOUR HEART

Quieten your heart and say hello to God...
Think about what happened today, what am I thankful for?... Thank God.
Think about how you are feeling?...
Share it with God.
Think about a moment of the day that stands out... Talk to God about it.
Think about tomorrow and ask God to be with You and Your Family.
Amen

THE 5 FINGER PRAYER

For each finger there is a different category of person that you can pray for as a family.



1. **Thumb:** Those closest to your heart – family and friends.
2. **Pointer finger:** Those giving direction – teachers, doctors... etc.
3. **Index finger:** Those in leadership – Government, business, church.
4. **Ring finger:** Those who are weak – sick, poor.
5. **Pinky finger:** Yourself.

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